

8/2003-12/2005	Assistant Professor, Elon University Athletic Training Program Elon, NC
5/2001-5/2002	Med Central (Part-time) High Point Regional Health System, High Point, NC
5/2001-5/2003	Urgent Medical and Family Care (Part-time) Greensboro, NC

Professional Organizations

American Academy of Family Practice
North Carolina Academy of Family Practice
American Medical Association
American Medical Society for Sports Medicine

Miscellaneous

2/2004-present	Team Physician for US Women's National Soccer Team
7/2003-present	Team Physician for Rockingham High School
05/2001-present	Team Physician for Carolina Dynamo Men's and Women's Semi-Professional Soccer Teams
08/2003-present	Team Physician for Bennett College for Women
7/2003	Team Physician for U-19 Women's National Soccer Team Germany/Holland Tour
07/2001-07/2002	Chief Resident, Moses Cone Family Medicine Residency
01/2001-07/2003	Team Physician for Guilford College
03/2000-present	Assistant Soccer Coach for U-16 Girl's Greensboro Storm
01/2001-01/2003	Physician Volunteer-Health Serve Community Health and Hispanic Clinic

Conferences Attended

Cabarrus Family Medicine Eighteenth Annual Sports Medicine Symposium. Concord, NC. January, 2002, 2003, 2007.

Presenter 2007, Womens Soccer Injuries

NCAHEC Preceptor Appreciation Symposium. Greensboro, NC. May, 2006.

Presenter, Overuse Injuries

2nd Annual Ft. Bragg Sports Medicine Symposium, May 2005.

Presenter, Concussion and Head Injuries

North Carolina Academy of Family Practice Sports Symposium, June 2004

Presenter, Preparticipation Physical Exam Update, Foot and Ankle Exam

Review of Infectious Disease, May 2000

North Carolina Academy of Family Practice Annual Meeting, Nov 2000

AAFP National Conference of Residents and Students, July 2000, 2001

AAFP Sports Medicine CAQ Review Course, February 2001, 2003

North Carolina Medical Society Sports Medicine Symposium, July 2001

AMSSM National Meeting, April 2002, 2003 (presenter), 2005, 2007

AMSSM Sports Medicine Fellowship Research Symposium, July 2002

Publications

Spaulding R. Dance. In: Sports Medicine Secrets, 3rd Ed. Eds: Mellion MB, Putukian M, Madden CC. Hanley & Belfus, Philadelphia 2003;525-6.

Fields KB, Shea M, **Spaulding R**, Stewart D. The athlete with chronic illness. Sports Medicine for the Primary Care Physician, 3rd Edition. Eds. Birrer, O'Connor. CRC Press, LLC, Boca Raton, FL.

Fields KB, Shea M, **Spaulding R**, Stewart D. Exercise and chronic disease. In: "Just the Facts" in Sports Medicine. Eds: O'Connor FG, Sallis R, Wilder RP, Pierre PS. McGraw-Hill Publishing, New York, NY.

Spaulding R, Chambliss ML. Does warfarin prevent deep venous thrombosis in high-risk patients? Journal of Family Practice. 53(3):230,236-237, March 2004.

Bassett R. Midshaft humerus fractures in adults. Up to Date 2005, Available at: <http://www.uptodate.com/index.asp>

Bassett R. Proximal humerus fractures in adults. Up to Date 2005, Available at: <http://www.uptodate.com/index.asp>

Bassett R. Stress fractures of the humeral shaft. Up to Date 2005, Available at:
<http://www.uptodate.com/index.asp>

Spaulding R, Draper T, Fields, K. Treatment of hypertension in the athlete. In: Advanced Therapy in Hypertension and Vascular Disease. Eds: Mohler ER, III, Townsend RR. BC Decker, Inc. Ontario, Canada 2006

Hartsock S, **Spaulding R.** Calf Pain. In: Taylor's Ten Minute Diagnosis Manual, 2nd Edition. Eds: Paulman P, Paulman A, Harrison J. Lippincott Williams & Wilkins. USA, 2006.

Bassett R, Modlinks R. Finger Fractures. Up to Date. Submitted for publication 2007.

Hobbies

Soccer, Hiking, Running, Triathlons, Dogs